

November 2011 at Avante

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 Movie Night w/Nancy 6:00 "The Fourth Kind"</p>	2	<p>3 Health Matters Diabetes 9:00-12:00 Cowansville CLSC 397 rue Rivière Everyone Welcome!</p>	<p>4 Computer Classes INTRO to PC 9:30-11:30 BEGINNERS 1:30-3:30 RSVP</p>
7	<p>8 Topic Pot w/Gayl 6:00 Discuss hot topics over a potluck supper!</p>	<p>9 Bedford Coffee Break 9:30-11:30 Senior Safety w/ guest speaker from FADOQ</p>	10	<p>11 Computer Classes INTRO to PC 9:30-11:30 BEGINNERS 1:30-3:30 RSVP</p>
<p>14 Knowlton Coffee Break 1:30-3:30 Senior Safety w/ guest speaker from FADOQ</p>	<p>15 Ask the Expert w/Gayl 6:00 Creative Photography w/ Karen Smith</p>	16	17	<p>18 Computer Classes INTRO to PC 9:30-11:30 BEGINNERS 1:30-3:30 RSVP</p>
<p>21 CLOSED</p>	<p>22 Topic pot w/Nancy 6:00 Discuss hot topics over a potluck supper!</p>	23	24	<p>25 Computer Classes INTRO to PC 9:30-11:30 BEGINNERS 1:30-3:30 RSVP</p>
28	<p>29 Cooking w/Gayl 6:00 \$2 Pan Bagnat & infused garlic oil</p>			